

Safety 1st Consultancy

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CIEH Principles of Manual Handling

Enables employees to contribute to the development of safer manual handling methods and tasks

Overview

This qualification introduces candidates to the hazards and risks involved in manual handling and outlines what to expect from a manual handling assessment. It will enable employees to develop safer manual handling techniques in the workplace.

Outline programme

The qualification covers the following topics:

- The process of manual handling in the workplace
- Manual handling injuries and the activities which cause them
- Manual handling assessment and control options
- Responsibilities imposed by the Manual Handling Operations Regulations

Qualification information

Designed for: All employees

Course duration: Approx 3 hours

Assessment method: Multiple choice test of 20 questions

QCA Accredited: No